

The Employee Assistance Programme (EAP)



SERVICES AVAILABLE

- **ASSESSMENT**
A Clinical Interview that gathers information and is used to develop recommendations for intervention.
- **SUPPORT & GUIDANCE**
Emotional support and practical advice is available not only for public officers but also their immediate family members free of cost.
- **REFERRALS**
If required, employees can be referred to one of 35 trained practitioners country-wide for therapeutic and counselling services.

What is The EAP?

The Employee Assistance Programme (EAP) is a confidential and professional counselling service for employees with significant life problems that are impacting their work performance and overall daily functioning.

Common Problems EAP Addresses:

- Personal & Job Related Stress
- Mental Health Issues (Depression, Anxiety, PTSD)
- Legal & Financial Concerns
- Substance Abuse & Other Behavioural Problems
- Marital & Family Related Problems

SERVICE IS PROVIDED COUNTRY-WIDE!



Contact Information

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